Gregory Mortenson, Self-Portrait Workshop

**Drawing Materials:**

• Drawing paper. Smooth Stonehenge, Strathmore, bristol or Arches paper, between

11"x14" to 18"x24". The paper I personally use is Stonehenge

• Drawing pencils 4H,2H, H, HB (I prefer architectural pencils with replaceable

graphite.)

• Pencil Sharpener / Razor Blade

• Sand paper

• Kneaded eraser

• Large knitting needle or equivalent instrument for comparative measuring.

• Drawing board with clips (if paper is not in a sturdy drawing pad)

Transferring Materials:

• Masking tape

• Charcoal Pencil

• Micron Pen (or a bottle of India ink (black or sepia tone)

• Paper Towels

Painting Materials:

• Stretched, primed smooth linen canvas (Clausens 13, Artfix), or art panels/boards.

Between 24 x 30 cm to 40 x 50 cm.

New Traditions Panels and Raymar Art Panels are good option for canvas boards.

http://www.newtraditionsartpanels.com/

http://www.raymarart.com/

• Oil paint (Brands I use: -windsor newton, old holland, graham, gamblin, Rublev...etc)

Van Dyke Brown (Must be Gamblin brand. All other colors are optional brands)

Viridian

Asphaltum (Burnt Umber can be substituted)

Alizarin Crimson

Tera Rosa (Venetian Red, Indian Red, or Vermillion can be substituted)

Cad Red light

Cad Orange

Orange Ochre (Rublev Brand)

Raw Umber

Burnt Sienna

Yellow Ochre

Naples Yellow

Cad Yellow

Lead White (Flake White or Cremnitz white can be substituted

• Brushes (have plenty in a variety of small size, suitable for small detail. Pristine shape.)

Small to medium Rounds (synthetic) Sizes 0-4

Small to medium Filberts (synthetic)

At least one large workhorse brush (hog hair or synthetic for large massing)

• Wooden palette

• Metal palette knife

• Any size Mall Stick

• Paper towels

• Odorless Mineral Spirits or Turpenoid

• Proper jar/vessel to contain Turps/oil

• Any of the following mediums: Oleogel, Walnut Oil, Linseed oil, Stand oil, Poppy oil

**Note: Please note that these are recommended materials for the workshop. Some of the brands/materials may not be readily available in Austria. You can bring comparable brands or materials (eg. Panels/grounds) that are comparable to professional or high-grade quality. If you have any question/s with regards to materials, please email Andy Nabong –** [**rjandy16u@gmail.com**](mailto:rjandy16u@gmail.com) **.**